

Torneio Longas Distancias - CFVM 2022 - 10/15/2022 to 10/16/2022

Resultados

Evento 101 Raparigas 8 & Abaixo 400 SC Metros Livres

RC: 6:13.15 R 5/18/2002 Gesica Stagno

RN: 6:13.15 R 5/18/2002 Gesica Stagno

	Nome	Idade	Equipa	Finals	Time	
1	Emily Iliev	8	CNGM	7:10.70	9	
2	Nicole Antonio	8	CDTM	8:00.30	8	
3	Myenny Lange	8	CNGM	8:09.71	7	
4	Nyssa Boucart	8	CBM	8:27.29	6	
5	Evelyn Muianga	8	CFVM	8:50.80	5	
6	Mariyah Tapu	8	CDTM	8:55.29	4	
7	Henryana Matavele	8	CFVM	8:56.71	3	
8	Keila Abdula	8	CBM	9:00.70	2	
9	Leonor Pinto	8	CFVM	9:25.37	1	
10	Mylenny Lange	7	CNGM	9:55.35		
---	Suri Gaspar	8	CBM	DQ		

Evento 101 Raparigas 9-10 400 SC Metros Livres

RC: 5:46.99 R 3/12/2003 Gessica Stagno

RN: 5:46.99 R 3/12/2003 Gessica Stagno

	Nome	Idade	Equipa	Finals	Time	
1	Angela Chicumbe	10	CBM	5:33.00R	9	
2	Estela Massingue	10	CDTM	6:04.08	8	
3	Irina Teixeira	10	CBM	6:12.61	7	
4	Kianga Miambo	10	CDTM	6:59.53	6	
5	Kwicia Nchumaly	10	CBM	7:10.54	5	
6	Philippa Schepping	10	CBM	7:12.39	4	
7	Ines Palacio	9	CBM	7:27.63	3	
8	Liliana Ferreira	10	CFVM	7:49.05	2	
9	Ume Mossiane	9	CNGM	8:00.30	1	
10	Khensy Novela	9	CDTM	8:12.37		
11	Ághata Bene	10	CDTM	8:22.88		
12	Gabriela Antonio	10	CBM	8:29.21		
13	Kennay Cossa	9	CFVM	8:40.00		
14	Jameelah Monjane	9	CFVM	8:53.69		
15	Marta Esteves	9	CBM	8:54.85		

Evento 102 Rapazes 8 & Abaixo 400 SC Metros Livres

RC: 5:50.58 R 2/22/2008 Ahllan Bique

RN: 5:50.58 R 2/22/2008 Ahllan Bique

	Nome	Idade	Equipa	Finals	Time	
1	Kelson Mondlane	8	CDTM	7:24.65	9	
2	Célio Aliang	8	CBM	7:30.76	8	
3	Leon Barros	8	CBM	7:39.31	7	
4	Josh Da Costa	8	CDTM	7:39.54	6	
5	Ezhra Fraqueza	8	CNGM	7:41.23	5	
6	Esio Patricio	8	CDTM	8:57.11	4	
7	Kael Rodrigues	8	CBM	9:21.73	3	
8	Reyan Branquinho	8	CFVM	9:29.65	2	

Evento 102 Rapazes 9-10 400 SC Metros Livres

RC: 5:21.78 R 1/26/2008 Shakil Faquir

RN: 5:21.78 R 1/26/2008 Shakil Faquir

	Nome	Idade	Equipa	Finals	Time	
1	Lawrence Assubui	10	CNGM	6:18.11	9	
2	Whato Pioris	9	CDTM	6:29.77	8	
3	Kyano Da Silva	10	CDTM	6:42.77	7	
4	Goncalo Basto	10	CDTM	7:20.18	6	
5	Kalunga Rombe	10	CBM	7:22.72	5	

6	Lair Baltazar	9	CBM	7:23.62	4
7	Dylan Hung Han Yun	10	CBM	7:39.06	3
8	Kyan Arvind	10	CBM	7:45.10	2
9	Muhammad Ravat	10	CBM	7:58.69	1
10	Bruce Ribeiro	9	CBM	8:04.17	
11	Kenan Tembe	9	CNGM	8:44.76	
---	Amani Okwoyo	10	CBM	DQ	

Evento 103 Raparigas 11-12 800 SC Metros Livres

RC: 10:39.46 R 2/19/2012 Gisela Cossa

RN: 10:39.46 R 2/19/2012 Gisela Cossa

	Nome	Idade	Equipa	Finals	Time	
1	Marta Mpfumo	12	CDTM	11:07.65	9	
2	Beatriz Simoes	12	CNGM	11:13.50	8	
3	Aline Costa	11	CBM	11:51.48	7	
4	Liah Lobo	12	CBM	12:37.43	6	
5	Zanelli Cordeiro	12	CDTM	12:38.07	5	
6	Margeth Yengo	12	CNGM	12:59.91	4	
7	Zaira Palacio	11	CBM	13:12.47	3	
8	Nandini Cordeiro	12	CDTM	13:28.14	2	
9	Lya de Assis	12	CBM	13:40.97	1	
10	Rihana Issufo	11	CBM	13:49.65		
11	Yucra Afucesse	12	CNGM	14:13.02		
12	Andilli Cordeiro	11	CDTM	14:21.30		
13	Gabriela Zimila	12	CFVM	14:44.18		
14	Larissa Libombo	12	CDTM	15:09.07		
15	Malkia Fumo	11	CNGM	17:11.80		

Evento 104 Rapazes 11-12 800 SC Metros Livres

RC: 10:30.10 R 10/6/2018 Kaio Faftine

RN: 10:09.00 R 1/19/2009 Nuno Gomes

	Nome	Idade	Equipa	Finals	Time	
1	Arvin Massih	12	CBM	11:16.84	9	
2	Milan Arvind	12	CBM	11:24.39	8	
3	Keyser Ribeiro	11	CBM	11:47.40	7	
4	Quirin Schepping	12	CBM	11:58.45	6	
5	Lualatibo Tapu	12	CDTM	11:59.29	5	
6	Kayzan Da Silva	11	CDTM	11:59.39	4	
7	Kaylon Mondlane	12	CDTM	12:12.00	3	
8	Kyle Massih	11	CBM	12:21.96	2	
9	Lintaro Shimohiro	12	CDTM	13:12.04	1	
10	Ismael Pecado	11	CFVM	13:20.76		
11	Tonio Nhampossa	12	CDTM	13:20.84		
12	Ethan Pinto	11	CNGM	13:32.16		
13	Reheriano Macario	11	CFVM	14:00.20		
14	Wezu Braund	11	CFVM	15:06.78		
15	Vasco Roff	11	CBM	16:05.08		

Evento 105 Raparigas 13-14 800 SC Metros Livres

RC: 10:22.68 R 4/27/2013 Gisela Cossa

RN: 10:22.68 R 4/27/2013 Gisela Cossa

	Nome	Idade	Equipa	Finals	Time	
1	Gabriella Correia	14	CBM	11:36.89	9	
2	Bruna Rodolfo	13	CDTM	11:59.11	8	
3	Nemzi Albino	13	CDTM	12:30.84	7	
4	Cecilia Rodolfo	14	CDTM	13:13.90	6	
5	Kayla Nchumali	14	CBM	13:17.21	5	
6	Maria Dumangane	13	CBM	14:21.96	4	
7	Helena da Silva	13	CFVM	16:15.56	3	

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(Evento 105 Raparigas 13-14 800 SC Metros Livres)

Nome	Idade	Equipa	Finals Time	
8 Alysha Francisco	14	CFVM	16:53.62	2

Evento 105 Raparigas 15-17 800 SC Metros Livres

RC: 9:57.78 R 12/6/2006 Ximene Gomes

RN: 9:57.78 R 12/6/2006 Ximene Gomes

Nome	Idade	Equipa	Finals Time	
1 Filipa Xavier	16	CDTM	10:53.32	9
2 Larissa Gil	17	CBM	10:53.87	8
3 Maira Correia	16	CBM	11:24.88	7
4 Sara Guerreiro	15	CBM	12:01.78	6
5 Khensanny Basilio	15	CDTM	12:50.91	5
6 Shantel Mourinho	16	CFVM	14:06.13	4

Evento 105 Raparigas 18 & Acima 800 SC Metros Livres

RC: 10:00.53 R 1/25/2015 Gessica Stagno

RN: 10:00.53 R 1/25/2015 Gessica Stagno

Nome	Idade	Equipa	Finals Time	
1 Neyde Macie	18	CFVM	12:31.07	9

Evento 106 Rapazes 13-14 800 SC Metros Livres

RC: 9:35.37 R 6/3/2018 Edilson Paco

RN: 9:35.37 R 6/3/2018 Edilson Paco

Nome	Idade	Equipa	Finals Time	
1 Abdul Dos Santos	13	CDTM	10:14.50	9
2 Lazaro Menete	13	CDTM	10:36.33	8
3 Valter Lourenço	14	CDTM	10:46.95	7
4 Kaamil Carimo	13	CDTM	11:40.09	6
5 Cristiane Patricio	13	CDTM	11:49.18	5
6 Pablo Sequeira	14	CDTM	11:57.42	4
7 Kiannu Marques	14	CDTM	11:57.63	3
8 Elwin Cohen	13	CDTM	12:10.20	2
9 Elmer Marcos	14	CDTM	12:15.74	1
10 Equibal De Campos	14	CFVM	12:31.91	
11 Frederico Júnior	13	CDTM	12:41.83	
12 Gonçalo Dumangane	13	CBM	13:35.07	
13 Yekine Bene	14	CDTM	13:39.21	
14 João Alvin	13	CBM	14:11.18	
15 Slayber Harilal	13	CDTM	14:44.71	
16 Carlos Junior	14	CFVM	15:02.18	

Evento 106 Rapazes 15-17 800 SC Metros Livres

RC: 8:58.48 R 2/2/2014 Igor Mogne

RN: 8:58.48 R 2/2/2014 Igor Mogne

Nome	Idade	Equipa	Finals Time	
1 Bruno Ferreira	15	CBM	9:46.17	9
2 Mario Cossa	17	CBM	9:59.43	8
3 Fateen Oliveira	16	CDTM	10:52.60	7
4 Sebastiao Esteves	16	CBM	10:58.60	6
5 Hugo De Sousa	15	CDTM	11:12.71	5
6 Cipriano Caldeira	15	CDTM	11:39.53	4
7 Dário Tajú	15	CFVM	12:20.31	3
8 Francisco Mambirisse	16	CFVM	12:20.67	2
9 Zuber Moura	15	CFVM	13:43.34	1
10 Bruno Correia	16	CDTM	14:39.38	

Evento 106 Rapazes 18 & Acima 800 SC Metros Livres

RC: 9:06.32 R 9/30/2017 Ahllan Bique

RN: 8:19.68 R 11/23/2019 Igor Mogne

Nome	Idade	Equipa	Finals Time	
1 Valdo Lourenço	30	CBM	10:07.49	9
2 Adny Algy	19	CDTM	10:21.12	8

Evento 201 Raparigas 13-14 400 SC Metros Livres

RC: 4:57.88 R 4/27/2013 Gisela Cossa

RN: 4:57.88 R 4/27/2013 Gisela Cossa

Nome	Idade	Equipa	Finals Time	
1 Zuri Tome	13	CBM	5:18.03	9
2 Nayla Boucart	14	CBM	5:53.81	8
3 Nemzi Albino	13	CDTM	5:56.80	7
4 Tawila Rombe	13	CBM	6:03.37	6
5 Tawane Mossiane	13	CBM	6:12.05	5
6 Cecilia Rodolfo	14	CDTM	6:19.91	4
7 Pascoa Começar	13	CNZ	6:38.27	3
8 Aline Bila	14	CDTM	6:44.08	2
9 Nayara Rafael	14	CFVM	6:46.09	1
10 Helena da Silva	13	CFVM	7:47.62	
11 Alysha Francisco	14	CFVM	7:56.43	
12 Efigênia Mondlane	14	CFVM	8:39.60	

Evento 201 Raparigas 15-17 400 SC Metros Livres

RC: 4:38.80 R 11/9/2013 Jannah Sonnenschein

RN: 4:38.80 R 11/9/2013 Jannah Sonnenschein

Nome	Idade	Equipa	Finals Time	
1 Khensanny Basilio	15	CDTM	6:14.92	9
2 Kwesi Macie	16	CFVM	6:36.06	8
3 Kyara Bucuane	16	CFVM	6:43.37	7
4 Cleyde Nhancolo	16	CFVM	7:27.79	6

Evento 201 Raparigas 18 & Acima 400 SC Metros Livres

RC: 5:09.40 R 1/31/2021 Domingas Munhemeze

RN: 4:42.75 R 11/17/2012 Jessica Vieira

Nome	Idade	Equipa	Finals Time	
1 Mariana Roff	18	CBM	6:08.40	9

Evento 202 Rapazes 13-14 400 SC Metros Livres

RC: 4:33.95 R 5/26/2018 Edilson Paco

RN: 4:25.65 R 11/20/2021 Cleyton Munguambe

Nome	Idade	Equipa	Finals Time	
1 Abdul Dos Santos	13	CDTM	4:52.38	9
2 Carlos Ribeiro	13	CBM	5:00.70	8
3 Lonel Penicela	14	CDTM	5:00.80	7
4 Nambo Machava	14	CDTM	5:08.21	6
5 Keanu Viseu	13	CBM	5:08.30	5
6 Kiannu Marques	14	CDTM	5:30.31	4
7 Rodrigo Marques	13	CBM	5:38.09	3
8 Kaamil Carimo	13	CDTM	5:39.06	2
9 Cristiane Patricio	13	CDTM	5:42.05	1
10 Pablo Sequeira	14	CDTM	5:45.69	
11 Iane Mosca	14	CBM	5:53.91	
12 Elwin Cohen	13	CDTM	5:56.03	
13 Frederico Júnior	13	CDTM	6:25.60	
14 Gonçalo Dumangane	13	CBM	6:27.30	
15 Yekine Bene	14	CDTM	6:37.34	
16 João Alvin	13	CBM	6:52.00	

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(Evento 202 Rapazes 13-14 400 SC Metros Livres)

Nome	Idade	Equipa	Finals Time
17 Yanni Khossa	13	CDTM	6:54.70
18 Carlos Junior	14	CFVM	7:11.19
19 Slayber Harilal	13	CDTM	7:11.48
20 Kereny Maloa	13	CFVM	7:37.59
21 Mwune Cossa	14	CFVM	7:39.33
22 Bernaldo Junior	14	CNZ	10:34.38

Evento 202 Rapazes 15-17 400 SC Metros Livres

RC: 4:13.46 R 11/12/2005 Eduardo Gonçalves

RN: 4:13.46 R 11/12/2005 Eduardo Gonçalves

Nome	Idade	Equipa	Finals Time
1 Hugo De Sousa	15	CDTM	5:22.84 9
2 Celio Algy	17	CFVM	5:23.28 8
3 Nelio Gavicho	17	CDTM	5:38.73 7
4 Nelo Mahumane	17	CFVM	5:49.37 6
5 Dário Tajú	15	CFVM	5:49.71 5
6 Faizal Bai	17	CDTM	7:21.80 4
7 Caetano Junior	15	CFVM	7:40.05 3
--- Bruno Correia	16	CDTM	DQ

Evento 202 Rapazes 18 & Acima 400 SC Metros Livres

RC: 4:25.44 R 12/18/2018 Ahllan Bique

RN: 3:47.77 R 12/9/2017 Igor Mogne

Nome	Idade	Equipa	Finals Time
1 Yan Albasini	21	CNGM	5:33.13 9
2 Aeligton Ubisse	19	CFVM	6:37.62 8

Evento 203 Raparigas 13-14 400 SC Metros IM

RC: 5:38.11 R 2/2/2014 Gisela Cossa

RN: 5:38.11 R 2/2/2014 Gisela Cossa

Nome	Idade	Equipa	Finals Time
1 Ana Beatriz Domingues	14	CBM	6:12.31 9
2 Bruna Rodolfo	13	CDTM	6:29.90 8

Evento 203 Raparigas 15-17 400 SC Metros IM

RC: 5:11.69 R 2/2/2014 Jannah Sonnenschein

RN: 5:11.69 R 2/2/2014 Jannah Sonnenschein

Nome	Idade	Equipa	Finals Time
1 Filipa Xavier	16	CDTM	5:56.60 9
2 Matilde Roff	15	CBM	6:24.11 8
--- Shantel Mourinho	16	CFVM	DQ

Evento 203 Raparigas 18 & Acima 400 SC Metros IM

RC: 5:39.57 R 12/18/2018 Jannat Bique

RN: 5:20.75 R 12/18/2014 Jannah Sonnenschein

Nome	Idade	Equipa	Finals Time
1 Neyde Macie	18	CFVM	7:14.11 9

Evento 204 Rapazes 13-14 400 SC Metros IM

RC: 5:15.52 R 1/29/2021 Cleytom Munguambe

RN: 5:09.87 R 11/27/2021 Hugo Barradas

Nome	Idade	Equipa	Finals Time
1 Lazaro Menete	13	CDTM	5:44.17 9
2 Valter Lourenço	14	CDTM	5:58.21 8
3 Elmer Marcos	14	CDTM	6:07.79 7
--- Hugo Barradas	14	CBM	DQ

Evento 204 Rapazes 15-17 400 SC Metros IM

RC: 4:50.31 R 1/29/2021 Caio Lobo

RN: 4:47.78 R 3/19/2022 Caio Lobo

Nome	Idade	Equipa	Finals Time
1 Carlos Abdula	15	CBM	5:41.30 9
2 Ukay Makanga	15	CDTM	5:48.48 8
3 Cipriano Caldeira	15	CDTM	6:17.41 7
4 Shakil Domingos	17	CDTM	6:19.74 6
--- Diego Boca	16	CDTM	DQ

Evento 205 Raparigas 8 & Abaixo 200 SC Metros Livres Estafeta

RC: 3:06.01 R 5/15/2005 CNGM

RN: 3:06.01 R 5/15/2005 CNGM

Equipa	Estafeta	Finals Time
--- CBM	A	XDQ
1) Keila Abdula 8	2) Suri Gaspar 8	
3) Ariane Rego 8	4) Nyssa Boucart 8	

Evento 205 Raparigas 9-10 200 SC Metros Livres Estafeta

RC: 2:08.76 R 4/20/2007 CNGM

RN: 2:08.76 R 4/20/2007 CNGM

Equipa	Estafeta	Finals Time
--- CBM	B	XDQ
1) Irina Teixeira 10	2) Philippa Schepping 10	
3) Gabriela Antonio 10	4) Angela Chicumbe 10	

Evento 205 Raparigas 11-12 200 SC Metros Livres Estafeta

RC: 2:11.45 R 5/14/2004 CNGM

RN: 2:11.45 R 5/14/2004 CNGM

Equipa	Estafeta	Finals Time
--- CBM	D	XDQ
1) Lya de Assis 12	2) Liah Lobo 12	
3) Zaira Palacio 11	4) Aline Costa 11	

Evento 205 Rapazes 8 & Abaixo 200 SC Metros Livres Estafeta

RC: 2:36.72 R 5/18/2003 CNGM

RN: 2:36.72 R 5/18/2003 CNGM

Equipa	Estafeta	Finals Time
--- CBM	A	XDQ
1) Célio Aliang 8	2) Liam Massih 8	
3) David Langa 7	4) Leon Barros 8	

Evento 205 Rapazes 9-10 200 SC Metros Livres Estafeta

RC: 2:24.28 R 5/27/2018 CDTM

RN: 2:24.28 R 5/27/2018 CDTM

Equipa	Estafeta	Finals Time
--- CBM	C	XDQ
1) Kael Rodrigues 8	2) Muhammad Ravat 10	
3) Bruce Ribeiro 9	4) Dylan Hung Han Yun 10	
--- CBM	B	XDQ
1) Amani Okwoyo 10	2) Kyan Arvind 10	
3) Kalunga Rombe 10	4) Lair Baltazar 9	

Evento 205 Rapazes 11-12 200 SC Metros Livres Estafeta

RC: 1:56.48 R 1/26/2008 CNGM

RN: 1:56.48 R 1/26/2008 CNGM

Equipa	Estafeta	Finals Time
--- CBM	D	XDQ
1) Quirin Schepping 12	2) Keyser Ribeiro 11	
3) Milan Arvind 12	4) Arvin Massih 12	

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Evento 205 Misto 8 & Abaixo 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CDTM	A	15:14.15	18
1) Nicole Antonio W8	2) Josh Da Costa M8		
3) Mariyah Tapu W8	4) Kelson Mondlane M8		
2 CNGM	A	15:23.51	16
1) Ezhra Fraqueza M8	2) Myenny Lange W8		
3) Emily Iliev W8	4) Guedes De Souza M8		

Evento 205 Misto 9-10 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CDTM	B	12:42.44	18
1) Kyano Da Silva M10	2) Kianga Miambo W10		
3) Estela Massingue W10	4) Whato Pioris M9		
2 CNGM	B	15:13.48	16
1) Gabriel Simoes M10	2) Pietra Taquidir W9		
3) Ume Mossiane W9	4) Kenan Tembe M9		

Evento 205 Misto 11-12 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CNGM	C	12:19.35	18
1) Lawrence Assubuji M10	2) Ethan Pinto M11		
3) Cristina Silva W12	4) Tayller Cadeado M6		
2 CFVM	A	14:28.81	16
1) Liliana Ferreira W10	2) Reheriano Macario M11		
3) Jameelah Monjane W9	4) Ismael Pecado M11		

Evento 206 Raparigas 13-14 200 SC Metros Livres Estafeta

RC: 2:01.66 R 1/22/2008 CFVM

RN: 2:01.66 R 1/22/2008 CFVM

Equipa	Estafeta	Finals Time	
--- CBM	A	XDQ	
1) Zuri Tome 13	2) Tawila Rombe 13		
3) Kayla Nchumali 14	4) Ana Beatriz Domingues 14		

Evento 206 Mulher 15-17 200 SC Metros Livres Estafeta

RC: 2:02.00 R 12/9/2005 CNGM

RN: 2:02.00 R 12/9/2005 CNGM

Equipa	Estafeta	Finals Time	
--- CBM	A	XDQ	
1) Larissa Gil 17	2) Matilde Roff 15		
3) Gabriella Correia 14	4) Maira Correia 16		

Evento 206 Rapazes 13-14 200 SC Metros Livres Estafeta

RC: 1:48.59 R 5/27/2018 CDTM

RN: 1:48.59 R 5/27/2018 CDTM

Equipa	Estafeta	Finals Time	
--- CBM	B	XDQ	
1) Iane Mosca 14	2) Gonçalo Dumangane 13		
3) Kyle Massih 11	4) João Alvin 13		
--- CBM	A	XDQ	
1) Carlos Ribeiro 13	2) Keanu Viseu 13		
3) Rodrigo Marques 13	4) Hugo Barradas 14		

Evento 206 Men 15-17 200 SC Metros Livres Estafeta

RC: 1:41.82 R 5/27/2018 CDTM

RN: 1:41.82 R 5/27/2018 CDTM

Equipa	Estafeta	Finals Time	
--- CBM	A	XDQ	
1) Carlos Abdula 15	2) Sebastiao Esteves 16		
3) Bruno Ferreira 15	4) Mario Cossa 17		

Evento 206 Misto 13-14 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CFVM	A	12:59.67	18
1) Gabriela Zimila W12	2) Mwune Cossa M14		
3) Nayara Rafael W14	4) Equiibal De Campos M14		
--- CBM	B	XDQ	
1) Tawane Mossiane W13	2) Maria Dumangane W13		
3) Rihana Issufo W11	4) Nayla Boucart W14		

Evento 206 Misto 15-17 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CFVM	B	12:08.18	18
1) Kwesi Macie W16	2) Francisco Mambirisse M16		
3) Kyara Bucuane W16	4) Nelo Mahumane M17		

Evento 206 Misto 18 & Acima 200 SC Metros Livres Estafeta

Equipa	Estafeta	Finals Time	
1 CFVM	A	11:13.10	18
1) Shantel Mourinho W16	2) Zuber Moura M15		
3) Neyde Macie W18	4) Celio Algy M17		

Evento 301 Raparigas 8 & Abaixo 200 SC Metros Livres

RC: 2:34.79 R 5/18/2002 Gessica Stagno

RN: 2:34.79 R 5/18/2002 Gessica Stagno

Nome	Idade	Equipa	Finals Time	
1 Emily Iliev	8	CNGM	3:34.22	9
2 Nyssa Boucart	8	CBM	3:48.62	8
3 Myenny Lange	8	CNGM	3:49.53	7
4 Nicole Antonio	8	CDTM	3:57.93	6
5 Keila Abdula	8	CBM	4:10.17	5
6 Sofia Chusane	8	CNZ	4:13.77	4
7 Suri Gaspar	8	CBM	4:14.95	3
8 Mariyah Tapu	8	CDTM	4:16.98	2
9 Ntsumi Fraqueza	8	CNGM	4:19.79	1
10 Heaven Iliev	7	CNGM	4:28.61	
11 Evelyn Muianga	8	CFVM	4:32.43	
12 Leonor Pinto	8	CFVM	4:37.24	
13 Henryana Matavele	8	CFVM	4:42.61	
14 Mylenny Lange	7	CNGM	4:46.52	
15 Melissa Nhampossa	8	CDTM	4:47.01	
16 Frange Lucia	7	CNGM	4:53.07	
17 Ariane Rego	8	CBM	4:57.93	
18 Micaela Dias Uamba	8	CNZ	4:59.00	
19 Lukecha Naftal	5	CNGM	5:22.69	
20 Diyani Arvind	8	CBM	5:24.86	

Evento 301 Raparigas 9-10 200 SC Metros Livres

RC: 2:50.64 R 1/31/2021 Angela Chicumbe

RN: 2:39.18 R 2/3/2010 Melina Here

Nome	Idade	Equipa	Finals Time	
1 Angela Chicumbe	10	CBM	2:41.46R	9

Torneio Longas Distancias - CFVM 2022 - 10/15/2022 to 10/16/2022

Resultados

(Evento 301 Raparigas 9-10 200 SC Metros Livres)

Nome	Idade	Equipa	Finals Time	
2 Estela Massingue	10	CDTM	2:51.32	8
3 Irina Teixeira	10	CBM	2:56.30	7
4 Philippa Schepping	10	CBM	3:27.56	6
5 Ines Palacio	9	CBM	3:36.71	5
6 Ume Mossiane	9	CNGM	3:44.43	4
7 Ághata Bene	10	CDTM	3:48.54	3
8 Gabriela Antonio	10	CBM	3:48.56	2
9 Khensy Novela	9	CDTM	3:51.67	1
10 Pietra Taquidir	9	CNGM	4:06.30	
11 Jameelah Monjane	9	CFVM	4:12.68	
12 Winnie Bulha	10	CNZ	4:17.68	
13 Marta Esteves	9	CBM	4:18.17	
14 Niquita Silva	10	CNGM	4:28.83	
--- Kiangia Miambo	10	CDTM	DQ	
--- Kennay Cossa	9	CFVM	DQ	

Evento 302 Rapazes 8 & Abaixo 200 SC Metros Livres

RC: 2:50.33 R 2/22/2008 Ahllan Bique

RN: 2:50.33 R 2/22/2008 Ahllan Bique

Nome	Idade	Equipa	Finals Time	
1 Kelson Mondlane	8	CDTM	3:29.30	9
2 Ezhra Fraqueza	8	CNGM	3:43.05	8
3 Célio Aliang	8	CBM	3:46.43	7
4 Leon Barros	8	CBM	3:49.88	6
5 Liam Massih	8	CBM	4:00.28	5
6 Guedes De Souza	8	CNGM	4:15.05	4
7 Reyran Branquinho	8	CFVM	4:15.50	3
8 Esio Patricio	8	CDTM	4:21.39	2
9 Kael Rodrigues	8	CBM	4:35.34	1
10 David Langa	7	CBM	4:37.87	
11 Adiel Ribeiro	8	CDTM	4:46.75	
12 Diogo Massango	7	CBM	4:48.93	
13 Tayller Cadeado	6	CNGM	5:14.44	
--- Josh Da Costa	8	CDTM	DQ	

Evento 302 Rapazes 9-10 200 SC Metros Livres

RC: 2:30.63 R 12/15/2007 Shakil Faquir

RN: 2:30.63 R 12/15/2007 Shakil Faquir

Nome	Idade	Equipa	Finals Time	
1 Lawrence Assubuji	10	CNGM	2:56.16	9
2 Whato Pioris	9	CDTM	3:02.23	8
3 Kyano Da Silva	10	CDTM	3:04.12	7
4 Gabriel Simoes	10	CNGM	3:18.19	6
5 Goncalo Basto	10	CDTM	3:18.36	5
6 Kalunga Rombe	10	CBM	3:26.31	4
7 Amani Okwoyo	10	CBM	3:32.57	3
8 Kyan Arvind	10	CBM	3:33.25	2
9 Lair Baltazar	9	CBM	3:35.83	1
10 Muhammad Ravat	10	CBM	3:45.11	
11 Dylan Hung Han Yun	10	CBM	3:46.04	
12 Malik Malate	10	CNZ	3:46.98	
13 Bruce Ribeiro	9	CBM	3:52.60	
14 Kenan Tembe	9	CNGM	3:53.30	
15 Justin Gomes	10	CNZ	4:20.78	
16 Enzo Martins	9	CBM	4:32.63	
17 Daniel Massango	9	CBM	5:06.34	

Evento 303 Raparigas 11-12 400 SC Metros Livres

RC: 5:14.95 R 2/19/2012 Layla Taquidir

RN: 5:14.95 R 2/19/2012 Layla Taquidir

Nome	Idade	Equipa	Finals Time	
1 Marta Mpfumo	12	CDTM	5:18.24	9
2 Beatriz Simoes	12	CNGM	5:21.44	8
3 Aline Costa	11	CBM	5:45.41	7
4 Liah Lobo	12	CBM	6:02.74	6
5 Zanelli Cordeiro	12	CDTM	6:03.47	5
6 Margeth Yengo	12	CNGM	6:04.88	4
7 Zaira Palacio	11	CBM	6:17.54	3
8 Nandini Cordeiro	12	CDTM	6:26.82	2
9 Cristina Silva	12	CNGM	6:34.23	1
10 Lya de Assis	12	CBM	6:36.70	
11 Yucra Afucesse	12	CNGM	6:37.65	
12 Naomi Marques	12	CDTM	6:41.20	
13 Rihana Issufo	11	CBM	6:43.31	
14 Andilli Cordeiro	11	CDTM	6:54.80	
15 Gabriela Zimila	12	CFVM	7:11.83	
16 Larissa Libombo	12	CDTM	7:17.58	
17 Vanessa Silva	11	CNGM	7:46.33	
18 Malkia Fumo	11	CNGM	8:01.53	

Evento 304 Rapazes 11-12 400 SC Metros Livres

RC: 5:02.10 R 12/18/2018 Kaio Faftine

RN: 4:48.19 R 1/25/2009 Nuno Gomes

Nome	Idade	Equipa	Finals Time	
1 Milan Arvind	12	CBM	5:26.80	9
2 Keyser Ribeiro	11	CBM	5:29.84	8
3 Arvin Massih	12	CBM	5:30.59	7
4 Lualatibo Tapu	12	CDTM	5:42.24	6
5 Quirin Schepping	12	CBM	5:46.55	5
6 Kaylon Mondlane	12	CDTM	5:50.36	4
7 Kayzan Da Silva	11	CDTM	5:50.60	3
8 Kyle Massih	11	CBM	5:52.32	2
9 Ethan Pinto	11	CNGM	6:16.87	1
10 Lintaro Shimohiro	12	CDTM	6:21.09	
11 Tonio Nhampossa	12	CDTM	6:26.56	
12 Ismael Pecado	11	CFVM	6:27.81	
13 Reheriano Macario	11	CFVM	6:51.40	
14 Wezu Braund	11	CFVM	7:03.78	
15 Paulino Mabonhane	12	CNZ	7:38.81	
16 Vasco Roff	11	CBM	7:40.37	
17 Denilson Calado	12	CDTM	8:21.74	

Evento 305 Raparigas 13-14 1500 SC Metros Livres

RC: 19:51.54 R 12/13/2013 Gisela Cossa

RN: 19:51.54 R 12/13/2013 Gisela Cossa

Nome	Idade	Equipa	Finals Time	
1 Ana Beatriz Domingues	14	CBM	21:06.35	9
2 Zuri Tome	13	CBM	21:35.05	8
3 Bruna Rodolfo	13	CDTM	22:23.59	7
4 Nemzi Albino	13	CDTM	23:43.08	6
5 Nayla Boucart	14	CBM	24:10.17	5
6 Tawila Rombe	13	CBM	24:53.71	4
7 Tawane Mossiane	13	CBM	25:19.53	3
8 Nayara Rafael	14	CFVM	26:55.17	2

Torneio Longas Distancias - CFVM 2022 - 10/15/2022 to 10/16/2022

Resultados

Evento 305 Raparigas 15-17 1500 SC Metros Livres

RC: 19:19.94 R 12/14/2005 Ximene Gomes

RN: 19:19.94 R 12/14/2005 Ximene Gomes

	Nome	Idade	Equipa	Finals Time	
1	Larissa Gil	17	CBM	20:42.60	9
2	Filipa Xavier	16	CDTM	21:24.79	8
3	Maira Correia	16	CBM	22:10.65	7
4	Khensanny Basilio	15	CDTM	24:48.46	6
5	Kwesi Macie	16	CFVM	27:15.04	5
6	Kyara Bucuane	16	CFVM	27:16.11	4
7	Cleyde Nhancolo	16	CFVM	29:04.69	3

Evento 305 Raparigas 18 & Acima 1500 SC Metros Livres

RC: 19:13.37 R 1/24/2015 Gessica Stagno

RN: 19:13.37 R 1/24/2015 Gessica Stagno

	Nome	Idade	Equipa	Finals Time	
1	Alicia Mateus	18	CBM	19:57.42	9

Evento 306 Rapazes 13-14 1500 SC Metros Livres

RC: 18:14.05 R 5/27/2018 Edilson Papco

RN: 18:09.41 R 12/20/2020 Hugo Barradas

	Nome	Idade	Equipa	Finals Time	
1	Abdul Dos Santos	13	CDTM	19:33.74	9
2	Hugo Barradas	14	CBM	19:37.45	8
3	Keanu Viseu	13	CBM	20:24.17	7
4	Lazaro Menete	13	CDTM	20:37.10	6
5	Valter Lourenço	14	CDTM	20:43.50	5
6	Carlos Ribeiro	13	CBM	20:54.37	4
7	Tendai Jobarteh	14	CBM	21:08.85	3
8	Kaamil Carimo	13	CDTM	22:27.10	2
9	Cristiane Patricio	13	CDTM	22:41.88	1
10	Kiannu Marques	14	CDTM	22:51.48	
11	Rodrigo Marques	13	CBM	22:57.21	
12	Elmer Marcos	14	CDTM	23:41.43	
13	Elwin Cohen	13	CDTM	24:09.33	
14	Iane Mosca	14	CBM	24:32.07	
15	Equiibal De Campos	14	CFVM	24:41.56	
16	Yekine Bene	14	CDTM	26:48.70	
17	Slayber Harilal	13	CDTM	29:06.74	
---	Pablo Sequeira	14	CDTM	DQ	

Evento 306 Rapazes 15-17 1500 SC Metros Livres

RC: 17:21.31 R 2/2/2014 Igor Mogne

RN: 17:15.08 R 6/12/2022 Kaio Faftine

	Nome	Idade	Equipa	Finals Time	
1	Bruno Ferreira	15	CBM	18:45.02	9
2	Mario Cossa	17	CBM	19:43.79	8
3	Carlos Abdula	15	CBM	20:33.10	7
4	Sebastiao Esteves	16	CBM	20:55.05	6
5	Celio Algy	17	CFVM	21:47.41	5
6	Hugo De Sousa	15	CDTM	22:07.33	4
7	Nelio Gavicho	17	CDTM	22:44.61	3
8	Cipriano Caldeira	15	CDTM	23:06.21	2
9	Nelo Mahumane	17	CFVM	23:16.18	1
10	Evans Jambo	16	CDTM	24:33.89	
11	Francisco Mambirisse	16	CFVM	24:51.52	
12	Zuber Moura	15	CFVM	26:13.05	
13	Bruno Correia	16	CDTM	29:30.07	

Evento 306 Rapazes 18 & Acima 1500 SC Metros Livres

RC: 17:30.15 R 10/1/2017 Ahllan Bique

RN: 15:52.57 R 11/23/2019 Igor Mogne

	Nome	Idade	Equipa	Finals Time	
1	Adny Algy	19	CDTM	20:05.11	9

Combined Team Scores

Combined Team Scores - Through Event 306		
1.	Clube Desportos Tubaroes Mapto	516
2.	C. Barracudas de Maputo	495
3.	Clube Ferroviário de Maputo	191
4.	C. Natação Golfinhos de Maputo	164
5.	Clube de Natação do Zimpeto	7

Scores - Mulher

Mulher - Team Rankings - Through Event 306		
1.	C. Barracudas de Maputo	261
2.	Clube Desportos Tubaroes Mapto	179
3.	Clube Ferroviário de Maputo	74
4.	C. Natação Golfinhos de Maputo	63
5.	Clube de Natação do Zimpeto	7

Scores - Men

Men - Team Rankings - Through Event 306		
1.	Clube Desportos Tubaroes Mapto	301
2.	C. Barracudas de Maputo	234
3.	C. Natação Golfinhos de Maputo	51
4.	Clube Ferroviário de Maputo	47